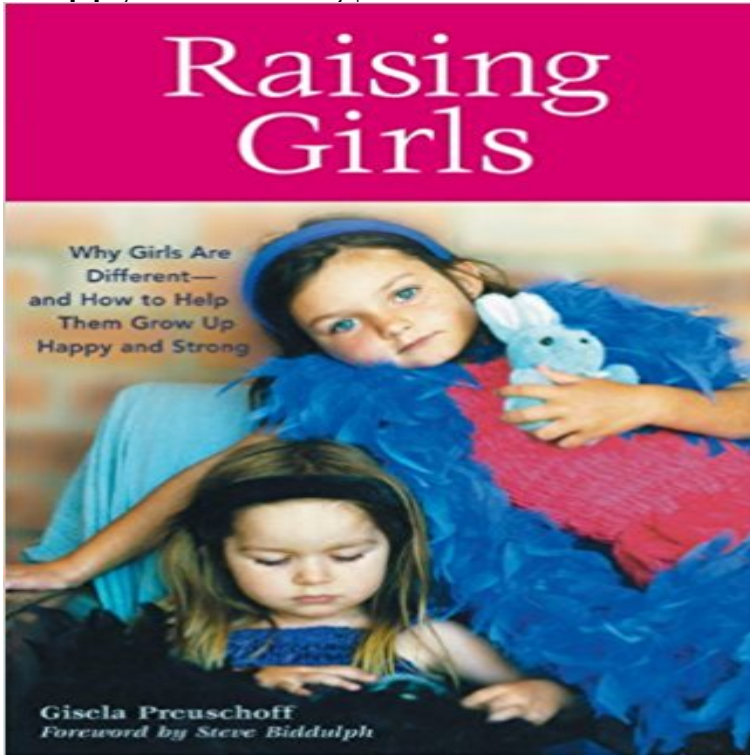


# Raising Girls: Why Girls Are Different--and How to Help Them Grow up Happy and Strong



Daughters face unique developmental challenges that parents must understand to help their girls mature and thrive in today's world. RAISING GIRLS provides parents with concrete guidelines, delivered in a distilled and easy-to-read style, for approaching their daughters' upbringing. Author, psychologist, and family therapist Gisela Preuschoff contributes her own trials and errors as a mother in addition to the wisdom attained from decades of professional experience of counseling families. She explains the key emotional and physical aspects of girls' development and details ways to form a close parent-daughter bond. Discussions also include social conditioning, family dynamics, peer relationships, communication styles, self-esteem, and education issues relevant to each stage in a girl's life, from toddler to teen to young woman. RAISING GIRLS will teach parents how to get to know their daughters better, encourage their special talents, and help them live healthy, happy lives.

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